



Headquarters
Employees' State Insurance Corporation
(ISO 9001-2008 certified)
Panchdeep Bhawan, CIG Road, New Delhi-110002

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Press Release

Celebration of 3rd International Yoga Day

The Employees' State Insurance Corporation (ESIC), celebrated **3rd International Yoga Day on 21st June, 2017** in all its Offices and Hospitals throughout India with the sole theme '**YOGA-FOR HARMONY & PEACE**'. A large no. of ESIC officers/officials in all its offices & Hospitals participated in this mega event and made different yoga postures/Asanas under the guidance of visiting Yoga Practitioners.

On this occasion, Smt. M. Sathiyavathy, Secretary, Ministry of Labour and Employment, Govt. Of India, Chief Guest of the function presented the prizes to winners of yoga competition.

Besides providing Allopathic treatment to its insured Persons and their family members, ESIC also provides AYUSH (Ayurveda, Yogam, Unani, Siddha, Homeopathy) treatment through its full-fledged AYUSH department in Hospitals.

Yoga is an invaluable gift of ancient Indian tradition. It embodies unity of mind and body thought and action and restraint and fulfillment. Yoga is not about exercise but to discover the sense of oneness with ourselves. In order to create awareness regarding importance of yoga, yoga classes were held by the reputed Yoga Gurus and to create oneness with yoga, different types of yoga competition were also held and winners were awarded cash prizes.

This function was also attended by Shri Depak Kumar, Director General, ESIC, Shri Rajeev Arora, Joint Secretary, MOL&E, Ms.Sandhya Shukla, Financial Commissioner, Vaidya Devendra Triguna, Hon'ble Member, ESIC, Dr.S.L.Vig, Medical Commissioner (AYUSH), Dr.P.L.Chaudhary, Medical Commissioner (Medical Education), Shri A.K. Sinha, Insurance Commissioner, Dr.V.V. Prasad, Ex Advisor (AYUSH) and other Officers/officials of Hqrs.Office beside AYUSH doctors from various Hospitals and Dispensaries.

ESI Scheme in India

The Employees' State Insurance Corporation is a pioneer Social Security organization providing comprehensive social security benefits like reasonable Medical Care and a range of Cash Benefits in times of need such as employment injury, sickness, death etc. The ESI Act applies to premises/precincts where 10 or more persons are employed. The employees drawing wages up to Rs.21,000/- a month are entitled to health insurance cover and other benefits, under the ESI Act. The Act now applies to over 7.83 lakh factories and establishments across the country, benefiting about 2.13 crores family units of workers. As of now, the total beneficiary population of ESI Scheme stands over 8.28 crores. Ever since its inception in 1952, the ESI Corporation has, so far, set up 151 Hospitals, 1467/159 Dispensaries / ISM Units, 813 Branch/Pay Offices and 62 Regional & Sub-Regional/Divisional Offices.
